St. George Orthodox Church of Montreal

A parish of the Antiochian Orthodox Christian Archdiocese of North America
www.saintgeorgemontreal.org

كنيسة القديس جاورجيوس الأرثوذكسية في مونتريال

تابعة للأبرشية الأنطاكية الأرثوذكسية المسيحية في شمال أمريكا

555-575 Jean-Talon East; Montreal, QC H2R 1T8; Phone: (514) 276-8533

THIS BULLETIN IS YOURS TO SHARE يمكنكم متابعة اخبار كنيستنا بقراءة هذه النشرة الأسبوعية

September 13, 2026

Sunday before Elevation of the Cross Consecration of Resurrection Church in Jerusalem Forefeast of the Elevation of the Holy Cross

ELEVATION OF THE CROSS

THE ELEVATION or EXALTATION OF THE HOLY CROSS is celebrated on September 14th. The Cross, the instrument of the Lord's Sacrifice, is one of the most important and holy relics of the Church. On this day we commemorate:

The Finding of the True Cross of our Lord and Savior Jesus Christ by Saint Helen, the mother of the Emperor constantine on Golgotha in **326 AD**, the place where Christ was crucified and where St. Helen had found an unknown flower of rare beauty and fragrance. « Vasiliko, » basil, the flower of royalty. Underneath the basil, she found three crosses =, and the one that healed a sick woman was determined as that of Christ.

The Recovery of the Cross from the Persians who had captured the True Cross as a prize of war when they sacked Jerusalem in 614 AD. It was recovered in 627 □□ by the Emperor Heraclius at which time it was "elevated" in the Church of the Resurrection in Jerusalem.

When we elevate the Cross and bow down before It in veneration and worship to God, we proclaim that we belong to the Kingdom "not of this world", with the saints in the "city of God" (Eph. 2:19; Heb 11:10; Rev 21-22).

This Feast is a day of strict-fast and repentance. The Cross is laid in the center of the church surrounded by flowers and branches of basil. We prostrate ourselves before the feet of Our Lord and pledge our faithfulness to Him.

Adapted from various Orthodox sources /Informations tirées de plusieurs sources Orthodoxes

PARISH CONTACT INFORMATION

CLERGY

His Eminence Metropolitan SABA
Archbishop of New York and Metropolitan of all North America

His Grace Bishop ALEXANDER
Auxiliary Bishop of the Diocese of Ottawa, Eastern Canada and Upstate New York

V. Rev. Dr. Joseph Purpura, Pastor
الأب جوزيف پورپورا
frjoseph@saintgeorgemontreal.org

Rev. Fr. Gabriel Abdel Nour,
الأب غابرييل عبد النور
Assistant Pastor,
frgabriel@saintgeorgemontreal.org

Philip Genest, Nicolas Bayouk & Christian Kishfy, Sub-Deacons

PARISH COUNCIL

Elie Mallouk ***, President of the Parish Council***
president@saintgeorgemontreal.org

Cynthia Mégélas, *Vice–President*

Gregory Ayoup, *Treasurer*

Tamara Karawi, *Secretary*

Samer Al Laham, Jaimie Auger, Roy Azar, Anne Marie Cocja, Nick Maliha; Marianne Naïm.

Fr Joseph Purpura, *Pastor*

Carol Jazzar, *Immediate Past President*

OFFICE ADMINISTRATION STAFF

Viviane Gédéon, Office Administrator,
info@saintgeorgemontreal.org

Arranging sacraments (baptisms, weddings, funerals); home and hospital visits; membership, dues and donations; hall reservations.

YOUTH DIRECTOR

Hayat Kassab, Youth Director,
youth@saintgeorgemontreal.org

OFFICE HOURS - Mon-Fri 8:00—4:00

Organizations/Groups Contact Information
You are welcome to Join in with them!

CHOIRS:
St. GEORGE CHOIR
St. GEORGE CHILDREN'S CHOIR
St. GEORGE BYZANTINE YOUTH CHOIR
Bronwyn Schuman, Choir Director,
choir@saintgeorgemontreal.org

CHANTERS:
Georges Fattouh, First Chanter,
Nagy Helal

ANTIOCHIAN WOMEN:
Linda Alexander, President, *abralinann@yahoo.ca*

TEEN SOYO:
Michael Karam, President,
soyo@saintgeorgemontreal.org

YOUNG ADULTS MINISTRY (YAM):
George Khouri, President,
YAM@saintgeorgemontreal.org

CHURCH SCHOOL:
Rouba Khouri, *rouba.khouri@gmail.com*

ORDER OF ST. IGNATIUS OF ANTIOCH:
Carol Jazzar, *carol.jazzar@gmail.com*

LE CERCLE ST. GEORGE:
Hedy Ephtimios, *hedy.ephtimios@gmail.com*
Magda Naim, *magdanaim75@gmail.com*
Barbara Meimari, *barbie.meimari@gmail.com*

ST. GEORGE SOCIAL CLUB:
Nick Maliha, Coordinator, *nick.maliha@gmail.com*

ARABIC BIBLE FELLOWSHIP:
Nick Maliha, Coordinator, *nick.maliha@gmail.com*

WEST ISLAND BIBLE STUDY (English):
Diane Nemer, Coordinator, *remenenaid@videotron.ca*

LEGACY & TRINITY FUNDS:
Peter Auger, Chairman,
peterlegacy@saintgeorgemontreal.org

COMMUNITY CARE & COMFORT:
Carolyn Zigayer, *carolyn@freedin.ca*
Kim Awada, *kimawada@gmail.com*

ICON STUDIO:
Virginie Desjardins, *virginieicones@gmail.com*
Icon Classes Available upon Registration

MOTHER'S GROUP:
Lana Azar, *mothersgroup@saintgeorgemontreal.org*

MEN'S BROTHERHOOD GROUP:
Ion Materinca,
mensbrotherhood@saintgeorgemontreal.org

MENTORING PROGRAM

Catherine Kishfy, Mentoring Director
mentoringdirector@saintgeorgemontreal.org

Divine Liturgy Variables for Sunday September 6, 2026

RESURRECTIONAL APOLYTIKION IN TONE SIX

Angelic Powers were above Thy tomb, and they that guarded Thee became as dead. And Mary stood by the grave seeking Thine immaculate Body. Thou hast despoiled Hades and wast not tried thereby. Thou didst meet the Virgin and didst grant us life. O Thou Who didst arise from the dead, Lord, glory be to Thee.

APOLYTIKION OF FOREFEAST OF THE HOLY CROSS IN TONE TWO

We offer thee in mediation the life-giving Cross which, of Thy goodness, Thou hast given unto us, the unworthy, O Lord. Save Thy hierarchs and Thy flock, and grant Thou peace through the Theotokos, O only Lover of mankind.

APOLYTIKION OF THE CONSECRATION IN TONE FOUR

Thou hast revealed the earthly majesty of the dwelling place of the holy glory, O Lord, as the brilliance of the firmament on high. Make firm its foundation unto ages of ages and receive our fervent supplications which are offered to thee therein; through the intercessions of the Theotokos, O Life and Resurrection of all.

APOLYTIKION OF ST. GEORGE IN TONE FOUR

As deliverer of captives and defender of the poor; healer of the infirm, champion of kings; victorious Great Martyr George, intercede with Christ our God; for our souls' salvation.

KONTAKION OF THE NATIVITY OF THE CONSACRATION IN TONE FOUR

The Church is shown to be * a many-lighted heaven * that doth shine a guiding light * upon all them that do believe; * wherein while standing, we cry aloud: * Do Thou Thyself now establish this house, O Lord.

طروبارية القيامة باللّحن السادس

إنَّ القُوّاتِ المَلائكِيَّةَ ظَهَروا على قَبْرِكَ الْمُوَقَّر، والحُرّاسَ صاروا كالأموات، ومَرْيَمَ وَقَفَتْ عِنْدَ القَبْرِ طالِبَةً جَسَدَكَ الطاهِر، فَسَبَيْتَ الجَحيمَ ولَمْ تُجَرَّبْ مِنْها، وصادَفْتَ البتولَ مانِحاً الحياة. فيا مَنْ قامَ مِنْ بينِ الأمواتِ، يا ربُّ المَجْدُ لَك.

طروبارية قبل عيد الصَليب المُقَدَّس باللحنِ الثاني

أيُّها الرَّبُّ، إنَّنا نُقَدِّمُ لَكَ لِلإسْتِشْفاعِ صَليبَ صَلاحِكَ المُحْيي، الذي وَهَبْتَهُ لَنا نَحْنُ غَيْرَ المُسْتَحِقّين. فَخَلِّصِ المُلوكَ ومَدينَتَكَ، جاعِلاً لَهُمْ سَلامًا، مِنْ أَجْلِ والِدَةِ الإلَهِ، يا مُحِبَّ البَشَرِ وَحْدَك.

طروبارية للتكريس باللحنِ الرابع

كَمِثْلِ بَهاءِ الجَلَدِ العُلْوِيّ أَظْهَرْتَ الجَمالَ السُفْلِيَّ لمَسْكَنِ مَجْدِكَ الأَقْدَسِ يا رَبُّ. فَثَبِّتْهُ إلى دَهْرِ الداهِرين، وتَقَبَّلْ طِلْباتِنا المُقَدَّمَةَ لَكَ فيهِ بِغَيْرِ فُتورٍ، بِشَفاعَةِ والِدَةِ الإله، يا حياةَ الكُلِّ وقيامَتَهُم.

طروبارية القديس جاورجيوس باللحنِ الرابع

بما أنّك للمأسورين مُحَرِّرٌ ومُعتِقٌ، وللفقراء والمساكين عاضِدٌ وناصِرٌ، وللمرضى طبيبٌ وشافٍ، وعن المؤمنين مُكافِحٌ ومُحَارِبٌ أيّها العظيم في الشهداء جاورجيوس اللابِس الظَفَر، تشفَّع إلى المسيح الإله في خلاص نفوسنا.

قنداق ميلاد وَالِدَة الإلَه باللحنِ الرابع

إنَّ الكَنيسَةَ قَدْ ظَهَرَتْ سَماءً كَثيرَةَ الأَنْوار، مُنيرَةً جَميعَ المؤمِنين. فإذْ نَحْنُ واقِفونَ فيها، نَصْرُخُ هاتِفين: ثَبِّتْ هَذا البَيْتَ، يا رَبّ.

THE EPISTLE

O Lord, save Thy people and bless Thine inheritance.
Unto Thee, O Lord, will I cry, O Lord my God.

The Reading from the First Epistle of St. Paul to the Galatians.(6:11-18)

Brethren, see how large a letter I have written to you with my own hand. As many as desire to make a fair show in the flesh, they compel you to be circumcised, only that they may not be persecuted for the Cross of Christ. For not even those who are circumcised do themselves keep the Law; but they desire to have you circumcised, that they may boast in your flesh. But God forbid that I should boast, except in the Cross of our Lord Jesus Christ, through Whom the world is crucified to me, and I to the world. For in Christ Jesus, neither circumcision counts for anything, nor uncircumcision, but a new creation. And as many as walk according to this rule, peace be upon them, and mercy, and upon the Israel of God. Henceforth, let no one trouble me; for I bear in my body the brand-marks of the Lord Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

الرسالة

خلّصْ يا ربُّ شعبَكَ وبارِكْ ميراثَكَ.
إليكَ يا ربُّ أصرخُ الهي.

فصلٌ مِنْ رسالةِ القدّيسِ بولُسَ الرَسولِ إلى أهْلِ غلاطية.

يا إخْوَةُ، أُنْظُروا ما أعْظَمَ الكِتاباتِ التي كَتَبْتُها إلَيْكُمْ بِيَدي. إنَّ كُلَّ الذينَ يُريدونَ أنْ يُرضُوا بَحَسَبِ الجَسَدِ يُلْزِمُونَكُمْ أنْ تَخْتَتِنُوا، وإنَّما ذلِكَ لِئَلاَّ يُضْطَهَدوا مِنْ أجْلِ صَليبِ المَسيحِ. لأنَّ الذينَ يَخْتَتِنونَ هُمْ أنْفُسُهُم لا يَحفَظُونَ الناموسَ بَلْ إنَّما يُريدونَ أنْ تَختَتِنُوا لِيَفْتَخِروا بِأَجْسادِكُمْ. أمَّا أنا، فَحاشى لي أنْ أفْتَخِرَ إلَّا بِصَليبِ رَبِّنَا يَسوعَ المَسيحِ، الذي بِهِ صُلِبَ العالَمُ لي وأنا صُلِبْتُ لِلْعالَمِ. لأنَّهُ في المَسيحِ يَسوعَ لَيْسَ الخِتانُ بِشَيْءٍ ولا القَلَفُ بَلِ الخَليقَةُ الجَديدَةُ. وكلُّ الذينَ يَسلُكُونَ بِحَسَبِ هذا القانونِ، فَعَلَيْهِمْ سَلامٌ ورَحْمَةٌ وعلى إسْرائيلِ اللهِ. فَلا يَجْلِبْ عَلَيَّ أَحَدٌ أَتْعاباً فيما بَعْدُ، فَإنِّي حامِلٌ في جَسَدي سِماتِ الرَّبِّ يَسوع. نِعْمَةُ رَبِّنا يَسوعَ المسيحِ مَعَ روحِكُمْ أيُّها الإخْوَةُ. آمين.

L'ÉPÎTRE

Tu nous garderas, ô Seigneur, Tu nous préserveras.
Sauve-moi Seigneur, car il n'y a plus de saint.

Lecture de l'Épître de Saint Paul aux Galates (6:11-18).

Frères, regardez ces grosses lettres : je vous écris de ma main ! Ceux qui vous obligent à être circoncis, ces gens-là veulent se faire bien voir pour des raisons humaines. Leur seul but est d'éviter de souffrir à cause de la croix du Christ. Ces hommes qui se font circoncire n'obéissent pas à la loi ! Et pourtant, ils veulent que vous soyez circoncis pour se vanter de votre circoncision. Moi, je veux me vanter d'une seule chose : c'est de la croix de notre Seigneur Jésus-Christ. Par la croix, le monde est mort pour moi, et moi aussi, je suis mort pour le monde. Être circoncis ou ne pas être circoncis, cela n'a pas d'importance ! Ce qui compte, c'est que Dieu nous crée à nouveau. Pour ceux qui obéissent à mon enseignement, je dis : que la paix et la bonté de Dieu soient sur eux, et sur le peuple de Dieu tout entier !

Maintenant, personne ne doit plus me faire de difficultés ! En effet, je porte sur mon corps la marque des souffrances de Jésus. Frères et sœurs, que notre Seigneur Jésus-Christ vous bénisse ! Amen.

THE GOSPEL

(For the Sunday before the Elevation of the Holy Cross)

The Reading from the Holy Gospel according to St. John. (3:13-17)

The Lord said, "No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him."

الإنجيل

(للأحد الذي قبل عيد رفع الصليب المقدس)

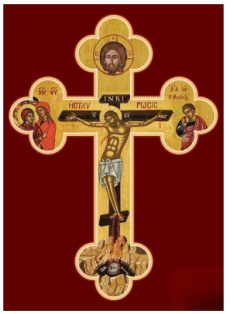
فَصْلٌ شريفٌ مِنْ بشارةِ القدّيس يوحنا الإنْجيلِيِّ البَشيرِ والتلميذِ الطاهِر.

قالَ الرَّبُّ: لَمْ يَصْعَدْ أَحَدٌ إلى السَّماءِ إلاَّ الذي نَزَلَ مِنَ السَّماءِ، ابْنُ البَشَرِ الذي هُوَ في السَّماء. وكما رَفَعَ موسى الحَيَّةَ في البَرِّيَّةِ، هَكَذا يَنْبَغي أَنْ يُرفَعَ ابْنُ البَشَر، لِكَيْ لا يَهلِكَ كُلُّ مَنْ يُؤمِنُ بِهِ، بَلْ تَكُونُ لَهُ الحَياةُ الأَبَدِيَّة. لأَنَّهُ هَكَذا أَحَبَّ اللهُ العالَمَ حَتَّى بَذَلَ ابْنَهُ الوَحيدَ لِكَي لا يَهلِكَ كُلُّ مَنْ يُؤمِنُ بِهِ بَلْ تكونُ لَهُ الحَياةُ الأَبَدِيَّة. فإنَّهُ لَمْ يُرْسِلِ اللهُ ابْنَهُ الوحيدَ إلى العالَمِ ليَدينَ العالَمَ، بَلْ ليُخَلِّصَ بِهِ

L'ÉVANGILE

Lecture de l'Évangile selon Saint Jean (3:13-17)

Pourtant personne n'est monté au ciel, sauf le Fils de l'homme, qui est descendu du ciel. Dans le désert, Moïse a placé le serpent de bronze en haut d'un poteau, devant tous. De la même façon, le Fils de l'homme doit être placé en haut, devant tous. Ainsi, tous ceux qui croient en lui auront la vie avec Dieu pour toujours.« Oui, Dieu a tellement aimé le monde qu'il a donné son Fils unique. Ainsi, tous ceux qui croient en lui ne se perdront pas loin de Dieu, mais ils vivront avec lui pour toujours. En effet, Dieu n'a pas envoyé son Fils dans le monde pour condamner le monde, mais il l'a envoyé pour qu'il sauve le monde.



THE SYNAXARION

On September 13 in the Holy Orthodox Church, we celebrate the Forefeast of the Elevation of the Holy Cross and commemorate the Consecration of the Church of the Holy Resurrection of Christ our God.

VERSES

New Israel, fulfilling a law that is ancient,
Doth honor thy tomb, O Word, with this consecration.
On the thirteenth befell the consecration of the Resurrection's fane.

Holy Resurrection in Jerusalem is honored above all others. Constantine the Great constructed it at the place of Golgotha, where our Savior was crucified and buried, then arose. For a long time this place had been purposely buried beneath the earth by the Jews and heathen; furthermore, during the reign of Hadrian (117-138), a temple dedicated to Aphrodite was built over the site so that this sacred place might be even further desecrated and fall into utter oblivion. It was here that the Cross was hidden. However, at the command of the pious Emperor Constantine, excavations were made and the tokens of the saving Passion were found. It was here, then, that the very great and magnificent temple named in honor of Christ God's Resurrection was built under the supervision of the blessed Helen, while Macarius was Archbishop of Jerusalem. Macarius elevated the venerable Cross and consecrated this temple in the year 336.

On this day, we also commemorate the Hieromartyr Cornelius the centurion; and Venerable Hierotheos the Younger of Iviron monastery on Athos. By the intercessions of Thy Saints, O Christ God, have mercy on us. Amen.

انضموا إلينا بحضوركم شخصياً إلى الكنيسة للمشاركة في الخِدَم الكَنَسيّة
يمكنكم متابعة البث المباشر على صفحة الفيسبوك الخاصة بكنيستنا
https://www.facebook.com/stgeorgemtl/live_videos

أيلول ٢٠٢٦

الأحد ١٣
* صلاة السحرية ٩:١٥ صباحاً
* القدّاس الإلهي ١٠:٣٠ صباحاً
* يلي القدّاس زيّاح الصليب وتوزيع الورود

الجمعة ١٨
* إجتماع السيّدات الأنطاكيّات (Wine & Cheese) ٧:٠٠ مساءً

السبت ١٩
* Men Brotherhood - رحلة الى الدير ١٠ صباحاً
* دراسة اللّغة العربيّة ٠٠ : ٢ ب.ظ
* تدريبات جوقة أطفال كنيسة القدّيس جاورجيوس ٤ مساءً
* صلاة الغروب ٦:٣٠ مساءً
* اجتماع الشبيبة YAM ٧:٣٠ مساءً
* دراسة إنجيليّة باللّغة العربيّة ٣٠: ٧ مساءً

الأحد ٢٠
* صلاة السحرية ٩:١٥ صباحاً
* القدّاس الإلهي ١٠:٣٠ صباحاً
* يلي القدّاس Coffee Hour تحضّرها "فرقة الأمّهات"
* بداية نشاط مدارس الاحد

السبت ١٩
* Men Brotherhood - رحلة لقطف التفّاح ١٠ صباحاً
* دراسة اللّغة العربيّة ٠٠ : ٢ ب.ظ
* تدريبات جوقة أطفال كنيسة القدّيس جاورجيوس ٤ مساءً
* صلاة الغروب ٦:٣٠ مساءً
* اجتماع الشبيبة YAM ٧:٣٠ مساءً

2026-2027
Season Kick-Off

Antiochian Women of Saint George

Welcome

Opening Meeting and Wine & Cheese Event

Friday September 18, 2026
7PM-9PM
in the Church School

RSVP with
Linda 514-585-1826
Yoanna 514-212-2727

انطلاق موسم
2026-2027

السيدات الأنطاكيات في كنيسة القديس جاورجيوس

أهلاً وسهلاً

الاجتماع الافتتاحي ولقاء تعارفي (مع تقديم النبيذ والأجبان)

الجمعة، 18 سبتمبر 2026

RSVP avec
Linda 514-585-1826
Yoanna 514-212-2727

UPCOMING PARISH EVENTS

Join us and come to the Church to attend church services in person.
For the Live feed, please join us on Facebook
https://www.facebook.com/stgeorgemtl/live_videos

September 2026

Sunday 13

- **09:15 am Sunday Orthros**
- **10:30 am Divine Liturgy**
- **Procession following Divine Liturgy and distribution of Roses for the Feast of the Holy Cross**

Friday 18

- **07:00 pm - Antiochian Women General Meeting & Wine & Cheese event in the Youth Center**

Saturday 19

- **10:00 am - Men's Brotherhood Trip to the Monastery**
- **02:00 pm - Arabic classes**
- **04:00 pm - Children & Youth Choir Rehearsal**
- **06:30 pm - Vespers**
- **07:30 pm - Young Adults Meeting**
- **07:30 pm - Arabic Bible Study**

Sunday 20—14th Sunday after Holy Cross

- **09:15 am - Sunday Orthros**
- **10:30 am - Divine Liturgy**
- **12:15 pm - The Mother's Group will be hosting the Coffee Hour**
- **Sunday School Classes start**

Saturday 26

- **10:00 am - Men's Brotherhood Apple Picking**
- **02:00 pm - Arabic classes**
- **04:00 pm - Children & Youth Choir Rehearsal**
- **06:30 pm - Vespers**
- **07:30 pm - Young Adults Meeting**

Prayers Offered for the living

For the Orthodox Servants of God:
Fr. Stephen Tewfik; Salimé Khouri; Musa; Nehmat Hanna;
Ziad, Melissa & Aiden Nahas; Élia Nahas; Zeina and Jude Nahas;
Elham Maria & Édouardo; Vicky Mahfouz & family; Bassam Mahfouz & family;
Pierre Souaid; Nancy Maker; George Malek;
Lucy, Shirley & Dale Ayoub; Reem Assaf; Khalil Ghoson;
Nourhan & Antoine Daoud; Louise Saykaly;
George Cassir; Maila & Steve; Souad Sayegh; Leila Khoury;
Khodor; Suhail Morjaneh; Enriqué; Gaby; Julie Kourakos;
Jean-Pierre; Julie Grillakis; Sophia Jabbour; Elie Doro;
Mary Aboud; Josée Bernaquez;
Gaby, Nada & Nicolas Mouacdié; Josephine Soury.

Congratulations to Abouna Joseph & Khouriyee Kathleen Purpura on their 50th Wedding Anniversary.
God grant you many years!

Prayers in memory of:

Fariza & Claire Rahal
Karim Gédéon
Moussa, Adma, Paul & John Souaid
Elia Hanna
Victoria Amm Hanna
Enaam Hanna
Hafiz Mahfouz
Helena Hanna
Colette Majdalani
Salim Abou Chacra

Back to school

Join the Saint George Mentoring Program

Email Catherine Kishfy at mentoringdirector@saintgeorgemontreal.org to register or learn more about our one-on-one mentoring program, professional and peer tutoring programs, workshops and other opportunities.

ORTHODOX SPIRITUAL DEVELOPMENT CLASSES

CHURCH SCHOOL

Classes start on Sunday, September 20, 2026

We look forward to seeing you and starting the year with your children who are greatly missed!
Please fill out the form as soon as possible so that we can form the classes according to grade levels.

Registration link:
https://bit.ly/ChurchSchool26-27

Let us lift up our hearts for the Lord's blessing in this new year!

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RBQ # 5842-3856-01

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Calling All Children and Youth!

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Join our St. George Children and Youth Choirs!

When: Saturdays from 4-6 pm

Where: St. George Orthodox Church of Montréal

Come sing, learn, play, and grow with the St. George Children and Youth Choirs! This year, we will participate in services, concerts, recitals, and special musical activities while building our voices, musicianship, friendships, and love for the Church. **Our first exciting project will be recording "Christ Is Born" with the adult choir on October 4th for our new Hymns of the Nativity album.** New and returning singers are warmly invited!

JOIN US next Saturday from 4 - 6 pm as we begin our year!

If you have any questions, please email the choir director Bronwyn Schuman at choir@saintgeorgemontreal.org.

CONGRATULATIONS TO GEORGE KHOURI, WHO WAS AWARDED THE FRANCIS MARIA SCHOLARSHIP ON SUNDAY AUGUST 23RD

The Antiochian Women Book Club met on August 21 to conclude discussions on, "The Art of Myrrh Bearing".

To all those interested in joining, stay tuned to for the next title which will be announced soon.