

St. George Orthodox Church of Montreal

A parish of the Antiochian Orthodox Christian Archdiocese of North America

www.saintgeorgemontreal.org

كنيسة القديس جاورجيوس الأرثوذكسية في مونتريال
تابعة للأبرشية الأنطاكية الأرثوذكسية المسيحية في شمال أمريكا

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THIS BULLETIN IS YOURS TO SHARE يمكنكم متابعة اخبار كنيستنا بقرءة هذه النشرة الأسبوعية

July 26, 2026

The Holy Righteous Martyr Paraskeva of Rome & Eighth Sunday of Matthew
Hieromartyrs Hermolaus, Hermippus, and Hermocrates of Nicomedia



The Holy Righteous Martyr Paraskeva of Rome

"Since she was born on a Friday (in Greek, Paraskevi), she was given this name, which means "preparation" or "preparedness"

The icon she holds is a representation of Christ and His passion, which occurred on Friday, and which St. Paraskevi imitated in her life and martyrdom

Many miracles took place at the saint's tomb: the blind received sight, the lame walked, and barren women gave birth to children. It is not only in the past that the saint performed her miracles, but even today she helps those who call on her in faith."

PARISH CONTACT INFORMATION

CLERGY

His Eminence Metropolitan SABA
Archbishop of New York and Metropolitan
of all North America

His Grace Bishop ALEXANDER
Auxiliary Bishop of the Diocese of Ottawa,
Eastern Canada and Upstate New York

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الأب غابرييل عبد النور
Assistant Pastor,
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Philip Genest, Nicolas Bayouk &
Christian Kishfy, Sub-Deacons

PARISH COUNCIL

Elie Mallouk , President of the Parish Council
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Cynthia Mégélas, Vice-President

Gregory Ayoup, Treasurer

Tamara Karawi, Secretary

Samer Al Laham, Jaimie Auger, Roy Azar,
Anne Marie Cocja, Nick Maliha; Marianne
Naim.

Fr Joseph Purpura, Pastor

Carol Jazzar, Immediate Past President

OFFICE ADMINISTRATION STAFF

Viviane Gédéon, Office Administrator,
info@saintgeorgemontreal.org

Arranging sacraments (baptisms, weddings,
funerals); home and hospital visits; membership,
dues and donations; hall reservations.

YOUTH DIRECTOR

Hayat Kassab, Youth Director,
youth@saintgeorgemontreal.org

OFFICE HOURS - Mon-Fri 8:00—4:00 pm

Organizations/Groups Contact Information You are welcome to Join in with them!

CHOIRS:

St. GEORGE CHOIR
St. GEORGE CHILDREN'S CHOIR
St. GEORGE BYZANTINE YOUTH CHOIR
Bronwyn Schuman, Choir Director,
choir@saintgeorgemontreal.org

CHANTERS:

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Nagy Helal

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WEST ISLAND BIBLE STUDY (English):

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Icon Classes Available upon Registration

MOTHER'S GROUP:

Lana Azar, mothersgroup@saintgeorgemontreal.org

MEN'S BROTHERHOOD GROUP:

Ion Materinca,
mensbrotherhood@saintgeorgemontreal.org

MENTORING PROGRAM

Catherine Kishfy, Mentoring Director
mentoringdirector@saintgeorgemontreal.org

Divine Liturgy Variables for Sunday July 26, 2026

RESURRECTIONAL APOLYTIKION IN TONE SEVEN

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF ST. PARASKEVA IN TONE ONE

Showing a diligence befitting thy calling, O namesake of preparedness, thou hast gained, as thy dwelling, a faith worthy of thy name, O prize winning Paraskeva. Hence, thou pourest forth healings and intercedest for our souls.

APOLYTIKION OF ST. GEORGE IN TONE FOUR

As deliverer of captives and defender of the poor; healer of the infirm, champion of kings; victorious Great Martyr George, intercede with Christ our God; for our souls' salvation.

ORDINARY KONTAKION IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

أبوليتيكيون القيامة باللحن السابع

خَطَمْتَ بِصَلِيبِكَ الْمَوْتَ، وَفَتَحْتَ لِلصَّالِحِينَ الْفِرْدَوْسَ، وَخَوَّلْتَ نَوْحَ حَامِلَاتِ الطَّيِّبِ، وَأَمَرْتَ رُسُلَكَ أَنْ يَكْرِزُوا، بِأَنَّكَ قَدْ قُمْتَ أَيُّهَا الْمَسِيحُ الْإِلَهُ، مَانِحًا الْعَالَمَ الرَّحْمَةَ الْعَظْمَى.

أبوليتيكيون القديسة پراسكيفي باللحن الأول

بِمَا أَنَّكَ جَعَلْتَ اهْتِمَامَكَ مَلَانِمًا لِتَسْمِيَتِكَ. أَحْرَزْتَ الْإِيمَانَ الْقَوِيمَ مَسْكِنًا. يَا لَابِسَةَ الْجِهَادِ. بِرَاسَكَيْفِي الْمَطَابَقَةُ لِاسْمِهَا. فَلَذَا تُفِيضِينَ الْأَشْفِيَةَ وَتَشْفَعِينَ لِأَجْلِ نَفُوسِنَا.

طروبارية القديس جاورجيوس باللحن الرابع

بِمَا أَنَّكَ لِلْمَأسُورِينَ مُحَرِّرٌ وَمُعْتَقٌ، وَلِلْفُقَرَاءِ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ، وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ، وَعَنْ الْمُؤْمِنِينَ مُكَافِحٌ وَمُحَارِبٌ أَيُّهَا الْعَظِيمُ فِي الشَّهَدَاءِ جَاوَرِجِيُوسُ الْإِلَهِ فِي خِلَاصِ نَفُوسِنَا.

قنداق باللحن الثاني

يَا شَفِيعَةَ الْمَسِيحِيِّينَ غَيْرِ الْخَازِنَةِ، الْوَسِيطَةَ لَدَى الْخَالِقِ غَيْرِ الْمَرْدُودَةِ، لَا تُغْرِضِي عَنْ أَصْوَاتِ طَلِبَاتِنَا نَحْنُ الْخَطَاةَ، بَلْ تَدَارِكُنَا بِالْمَعُونَةِ بِمَا أَنَّكَ صَالِحَةٌ، نَحْنُ الصَّارِخِينَ إِلَيْكَ بِإِيمَانٍ: بِأَدْرِي إِلَى الشَّفَاعَةِ وَأَسْرِعِي فِي الطَّلَبَةِ، يَا وَالِدَةَ الْإِلَهِ، الْمُتَشَفِّعَةَ دَائِمًا بِمُكْرَمِكَ.



THE EPISTLE (For St. Paraskeva)

God is wondrous in His saints. In the churches, bless ye God.

The Reading from the Epistle of St. Paul to the Galatians (3:23-4:5)

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus, you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

الرسالة (للقديسة پراسكيفي)

عَجِيبٌ هُوَ اللَّهُ فِي قَدِيسِيهِ. فِي الْمَجَامِعِ بَارِكُوا اللَّهَ.

فَصْلٌ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسَ الرَّسُولِ إِلَى أَهْلِ غَلَاطِيَّةِ. (5:4-23:3)

يَا إِخْوَةَ، قَبْلَ أَنْ يَأْتِيَ الْإِيمَانُ كُنَّا مَحْفُوظِينَ تَحْتَ النَّامُوسِ مُغْلَقًا عَلَيْنَا مِنْ أَجْلِ الْإِيمَانِ الَّذِي كَانَ مُزْمَعًا إِعْلَانُهُ. فَالنَّامُوسُ إِذَا كَانَ مُؤَدِّبًا لَنَا يُرْشِدُنَا إِلَى الْمَسِيحِ، لِكَيْ نُبْرَرَ بِالْإِيمَانِ، فَبَعْدَ أَنْ جَاءَ الْإِيمَانُ، لَسْنَا بَعْدَ تَحْتَ مُؤَدِّبٍ. فَأَنْتُمْ كُلُّكُمْ أَبْنَاءُ اللَّهِ بِالْإِيمَانِ بِالْمَسِيحِ يَسُوعَ. لِأَنَّكُمْ أَنْتُمْ الَّذِينَ بِالْمَسِيحِ اعْتَمَدْتُمْ، الْمَسِيحَ قَدْ لَبِسْتُمْ. لَيْسَ يَهُودِيٌّ وَلَا يُونَانِيٌّ، لَيْسَ عَبْدٌ وَلَا حُرٌّ، لَيْسَ ذَكَرٌ وَلَا أُنْثَى، فَأَنْتُمْ كُلُّكُمْ وَاحِدٌ فِي الْمَسِيحِ يَسُوعَ. فَإِذَا كُنْتُمْ لِلْمَسِيحِ، فَأَنْتُمْ إِذَا نَسَلُ إِبْرَاهِيمَ وَوَرِثْتَهُ بِحَسَبِ الْمَوْعِدِ. وَأَقُولُ: إِنَّ الْوَارِثَ مَا دَامَ طِفْلًا فَلَا فَرْقَ بَيْنَهُ وَبَيْنَ الْعَبْدِ مَعَ كَوْنِهِ مَالِكِ الْجَمِيعِ، لَكِنَّهُ تَحْتَ أَيْدِي الْأَوْصِيَاءِ وَالْوَكَلَاءِ إِلَى الْوَقْتِ الَّذِي حَدَدَهُ الْأَبُ. هَكَذَا نَحْنُ أَيْضًا حِينَ كُنَّا أَطْفَالًا كُنَّا مُتَعَبِّدِينَ تَحْتَ أَرْكَانِ الْعَالَمِ، فَلَمَّا حَانَ مِلءُ الزَّمَانِ، أَرْسَلَ اللَّهُ ابْنَهُ مَوْلُودًا مِنْ امْرَأَةٍ، مَوْلُودًا تَحْتَ النَّامُوسِ، لِيَقْتَدِيَ الَّذِينَ تَحْتَ النَّامُوسِ، لِنَنَالَ النِّبْتِيَّ.



L'ÉPÎTRE

Le Seigneur donnera la force à son people. Apportez au Seigneur, fils de Dieu.

Lecture de l'épître du saint apôtre Paul aux Galatiens

Frères, Avant la venue de la foi, nous étions enfermés sous la garde de la Loi, réservés à la foi qui devait se révéler. Ainsi la Loi nous servit-elle de pédagogue jusqu'au Christ, pour que nous obtenions de la foi notre justification. Mais la foi venue, nous ne sommes plus sous un pédagogue. Car vous êtes tous fils de Dieu, par la foi, dans Christ Jésus. Vous tous en effet, baptisés dans le Christ, vous avez revêtu le Christ: il n'y a ni Juif ni Grec, il n'y a ni esclave ni homme libre, il n'y a ni homme ni femme; car tous vous ne faites qu'un dans le Christ Jésus. Mais si vous appartenez au Christ, vous êtes donc la descendance d'Abraham, héritiers selon la promesse. Or je dis: aussi longtemps qu'il est un enfant, l'héritier, quoique propriétaire de tous les biens, ne diffère en rien d'un esclave. Il est sous le régime des tuteurs et des intendants jusqu'à la date fixée par son père. Nous aussi, durant notre enfance, nous étions asservis aux éléments du monde. Mais quand vint la plénitude du temps, Dieu envoya son Fils, né d'une femme, né sujet de la loi, afin de racheter les sujets de la Loi, afin de nous conférer l'adoption filiale.

THE GOSPEL

(For the Eighth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (14:14-22)

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.



الإنجيل

(لأحد الثامن من متى)

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَّى الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. (22-14:14)

فِي ذَلِكَ الزَّمَانِ، أَبْصَرَ يَسُوعُ جَمْعًا كَثِيرًا، فَتَحَنَّنَ عَلَيْهِمْ وَأَبْرَأَ مَرْضَاهُمْ. وَلَمَّا كَانَ الْمَسَاءُ، دَنَا إِلَيْهِ تَلَامِيذُهُ وَقَالُوا: "إِنَّ الْمَكَانَ قَفْرٌ، وَالسَّاعَةُ قَدْ فَاتَتْ. فَاصْرِفِ الْجُمُوعَ لِيَذْهَبُوا إِلَى الْقُرَى وَيَبْتَاعُوا لَهُمْ طَعَامًا." فَقَالَ لَهُمْ يَسُوعُ: "لَا حَاجَةَ لَهُمْ إِلَى الذَّهَابِ. أَعْطُوهُمْ أَنْتُمْ لِيَأْكُلُوا." فَقَالُوا لَهُ: "مَا عِنْدَنَا هَهُنَا إِلَّا خَمْسَةُ أَرْغَفَةٍ وَسَمَكَتَانِ." فَقَالَ لَهُمْ: "هَلُمَّ بِهَا إِلَيَّ إِلَى هَهُنَا." وَأَمَرَ بِجُلُوسِ الْجُمُوعِ عَلَى الْعُشْبِ. ثُمَّ أَخَذَ الْخَمْسَةَ الْأَرْغَفَةَ وَالسَّمَكَتَيْنِ، وَنَظَرَ إِلَى السَّمَاءِ، وَبَارَكَ، وَكَسَرَ، وَأَعْطَى الْأَرْغَفَةَ لِتَلَامِيذِهِ، وَالتَّلَامِيذُ لِلْجُمُوعِ. فَأَكَلُوا جَمِيعُهُمْ وَشَبِعُوا، وَرَفَعُوا مَا فَضَّلَ مِنَ الْكَسْرِ اثْنَتَيْ عَشْرَةَ قَفَّةً مَمْلُوءَةً. وَكَانَ الْأَكْلُونَ خَمْسَةَ آلَافِ رَجُلٍ، سِوَى النِّسَاءِ وَالصِّبْيَانِ. وَلِلْوَقْتِ اضْطَرَّ يَسُوعُ تَلَامِيذَهُ أَنْ يَدْخُلُوا السَّفِينَةَ وَيَسْبِقُوهُ إِلَى الْعَبْرِ، حَتَّى يَصْرِفَ الْجُمُوعَ.

L'ÉVANGILE

Lecture de l'Évangile selon Saint Matthieu

Quand Jésus sortit de la barque, il vit une grande foule, et fut ému de compassion pour elle, et il guérit les malades. Le soir étant venu, les disciples s'approchèrent de lui, et dirent : « Ce lieu est désert, et l'heure est déjà avancée ; renvoie la foule, afin qu'elle aille dans les villages, pour s'acheter des vivres ». Jésus leur répondit : « Ils n'ont pas besoin de s'en aller ; donnez-leur vous-mêmes à manger. » Mais ils lui dirent : « Nous n'avons ici que cinq pains et deux poissons ». Et il dit : « Apportez-les-moi ». Il fit asseoir la foule sur l'herbe, prit les cinq pains et les deux poissons, et, levant les yeux vers le ciel, il rendit grâces. Puis, il rompit les pains et les donna aux disciples, qui les distribuèrent à la foule. Tous mangèrent et furent rassasiés, et l'on emporta douze paniers pleins des morceaux qui restaient. Ceux qui avaient mangé étaient environ cinq mille hommes, sans les femmes et les enfants. Aussitôt après, il obligea les disciples à monter dans la barque et à passer avant lui de l'autre côté, pendant qu'il renverrait la foule.

UPCOMING PARISH EVENTS

Join us and come to the Church to attend church services in person.

For the Live feed, please join us on Facebook

https://www.facebook.com/stgeorgemtl/live_videos

July 2026

Sunday 26—8th Sunday of Matthew

- * 09:15 am Sunday Orthros
- * 10:30 am Divine Liturgy

August 2026

Saturday 1

- * 06:30 pm - Vespers
- * 07:30 pm - Young Adults Meeting

Sunday 2—9th Sunday of Matthew

- * 09:15 am Sunday Orthros
- * 10:30 am Divine Liturgy
- * 02:00 pm Camp T Training in the Youth Center

Monday 3

- * 06:30 pm - Paraklesis service for the Theotokos

Tuesday 4

- * 06:30 pm - Paraklesis service for the Theotokos

Wednesday 5

- * 06:30 pm—Divine Liturgy for the Feast of the Transfiguration

Friday 7

- * 06:30 pm - Paraklesis service for the Theotokos

Saturday 8

- * 04:00 pm - Mother's Group Gathering in the Youth Center
- * 06:30 pm - Vespers
- * 07:30 pm - Young Adults Meeting

Sunday 9—10th Sunday of Matthew

- * 09:15 am Sunday Orthros
- * 10:30 am Divine Liturgy





Prayers Offered for the living

For the Orthodox Servants of God:

Kary Cocja; Louise Saykaly; George Cassir; Zeina; Robert Kerba;
Maila & Steve; Catherine; Souad Sayegh; Khodor; Suhail Morjaneh;
Souad Khoury; Enriqu  ; Gaby; Julie Kourakos; Jean-Pierre;
Julie Grillakis; Sophia Jabbour; Elie Doro; Mary Aboud;
Jos  e Bernaquez; Gaby, Nada & Nicolas Mouacdi  ; Josephine Soury.

Memorials today

Hanna Abo Akel (1 week)

Our heartfelt sympathies to

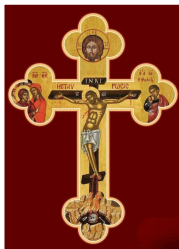
The Abo Akel family on the loss of Hanna,
who fell asleep in the Lord in Syria on July 19th

Churching

Benjamin Fred Courey, son of Stephen Courey & Emily Chacra

Baptisms today

Youssef Khader Kawas, son of Louai Kawas & Nura Treish at 1:00 pm
&
Michel Gharzouzi, son of Frederic Gharzouzi & Rachelle El Chebli at 3:00 pm



THE SYNAXARION

On July 26 in the Holy Orthodox Church, we commemorate the holy Righteous Martyr of Christ, Paraskeva of Rome.

Verses

O modest maid, thou didst prepare thyself through contests As a house all-unsullied for God's inhabitation.

Born in Rome of Christian parents, she was brought up from her earliest youth in the Christian faith and gave herself wholeheartedly to the fulfilling of God's commandments in her life. When her parents died, Paraskeva gave all her goods away to the poor and received the monastic habit. As a nun, she preached the truth of Christ with ever more burning zeal, neither hiding from anyone nor fearing persecution. Paraskeva was brought to trial before the Emperor Antoninus then ordered a white-hot helmet placed on her head. But God saved her miraculously and she escaped and left Rome. She again began to go from city to city to bring the pagans to the true Faith. In two more cities she was brought before princes and judges and tortured for her Lord, performing on these occasions great miracles by the power of God and quickly recovering from her wounds. The pagans ascribed her recovery to the power and mercy of their gods. Paraskeva once said to a prince who was torturing her: "It is not your gods, O Prince, who heal me, but my Christ, the true God." She was finally beheaded by Prince Tarasius. She suffered for Christ in the second century and received her heavenly reward. On this day, we also commemorate the Hieromartyrs Hermolaus, Hermippus and Hermocrates of Nicomedia.

By the intercessions of Thy saints, O Christ God, have mercy on us. Amen.



"Let the little children come to me, and do not hinder them, for the Kingdom of heaven belongs to such as these."

Matthew 19:14



CONGRATULATIONS TO

**Youssef Khader Kawas, son of son of Louai Kawas & Nura Treish
for his baptism on Sunday, July 26, at 1:00 pm**

&

**Michel Gharzouzi, son of Frederic Gharzouzi & Rachell El Chebli
for his baptism on Sunday, July 26th, at 3:00 pm**

The Youth Ministry of St. George Montreal is proud to welcome you to its family and wishes you innumerable discoveries with "My First Handy Bible" because it is never too early to learn the Word of God!

المناسبات الكنسيّة القادمة

انضموا إلينا بحضوركم شخصياً إلى الكنيسة للمشاركة في الخدم الكنسيّة
يمكنكم متابعة البث المباشر على صفحة الفيسبوك الخاصة بكنيستنا
https://www.facebook.com/stgeorgemtl/live_videos

تموز ٢٠٢٦

الأحد ٢٦

- * صلاة السحرية ٩:١٥ صباحاً
- * القدّاس الإلهي ١٠:٣٠ صباحاً

آب ٢٠٢٦

السبت ١

- * صلاة الغروب ٦:٣٠ مساءً
- * اجتماع الشبيبة YAM ٧:٣٠ مساءً

الأحد ٢

- * صلاة السحرية ٩:١٥ صباحاً
- * القدّاس الإلهي ١٠:٣٠ صباحاً
- * تدريب موظفي المخيم Camp T ٣ ب.ظ.

الاثنين ٣

- * باراكليسي ٦:٣٠ مساءً

الثلاثاء ٤

- * باراكليسي ٦:٣٠ مساءً

الأربعاء ٥

- * القدّاس الإلهي لعيد تجلّي ربنا ومخلّصنا يسوع المسيح ٦:٣٠ مساءً

الجمعة ٧

- * باراكليسي ٦:٣٠ مساءً

السبت ٨

- * اجتماع فرقة الأُمّهات في المركز الرعائي ٤ مساءً
- * صلاة الغروب ٦:٣٠ مساءً
- * اجتماع الشبيبة YAM ٧:٣٠ مساءً

الأحد ٩

- * صلاة السحرية ٩:١٥ صباحاً
- * القدّاس الإلهي ١٠:٣٠ صباحاً



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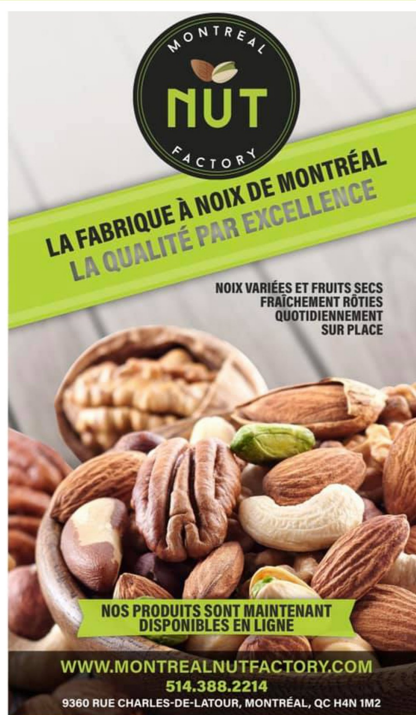
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**MAY GOD BLESS YOUR
NEW SCHOOL YEAR
ABUNDANTLY!**



The St. George Church School and Mothers' Group are thrilled to inform you that they will be taking part in Carolyn's Community 2026 Back-to-School Drive!

The **Back-to-School Drive** helps provide school supplies to newcomers and less fortunate children so they can start the school year with confidence.

This Drive offers us, as the St. George Community, an opportunity to live our Christian values by sharing our blessings and caring for the less fortunate. Let us make the best of it in all possible ways!

Contribution options are limitless and open to all parishioners!

- Amazon, Dollarama or Walmart gift cards;
- Financial donation towards the purchase of gift cards;
- Purchase of school supplies (list to be provided);
- Donation of new backpacks.

To organize donations and give our partner organization an estimate of what we will be providing for, we will ask you to fill in a pledge no later than August 1st, 2026 and donate the items you have pledged by **August 9th** by bringing them to the **Youth Center in St. George.**

Pledge link: <https://bit.ly/Back-to-SchoolDrive>



We encourage families to actively involve their children and teenagers in this outreach opportunity as a tangible act of generosity, compassion, and service!



LIST OF SCHOOL SUPPLIES:

Please bring them to the Youth Center in Zip lock bags or backpacks no later than August 9th, 2026.

- School backpack (tagged with the child's **name, age, and grade**, if known)
- Cloth pencil case (not a plastic pencil box)
- Hilroy notebooks
- 3–5 different coloured duo-tangs
- Plastic folder with pockets
- Package of 10 pencils
- Pencil sharpener
- 2 blue pens and 1 red pen
- 2 black Sharpies
- 4 different coloured dry erase markers
- 3 different coloured highlighters
- Crayons (Pre-K to Grade 2)
- Pencil crayons (Grade 2 and up)
- Thick washable markers (Pre-K to Grade 2)
- Thin markers (Grade 3 and up)
- 2 erasers
- 2 glue sticks (Pre-K to Grade 6)
- Blunt scissors (Pre-K to Grade 3)
- Pointed scissors (Grade 3 and up)
- Plastic ruler

Additional items for high school students (if possible):

- 1–2 binders
- Calculator
- Liquid paper
- Post-it notes
- Loose-leaf paper

Pledge link: <https://bit.ly/Back-to-SchoolDrive>



Apply for the Economos Antony Gabriel Scholarship

Are you planning to go to University?
We would like to encourage you to apply for the
Economos Antony Gabriel Scholarship

Five \$1,000.00 scholarships for our youth



The Economos Antony Gabriel Scholarship Fund is an initiative created by the Legacy Fund in honour of Father Antony's many years of devotion and commitment to the St George Church Community. This fund will support, promote, and encourage the educational pursuits and goals of the young adults in our community.

Scholarship application form:

<https://bit.ly/FrAntonyGabrielScholarship2026>

All materials must be received no later than August 14th, 2026

For more information, contact Carole Mallouk: cmallouk@sympatico.ca